

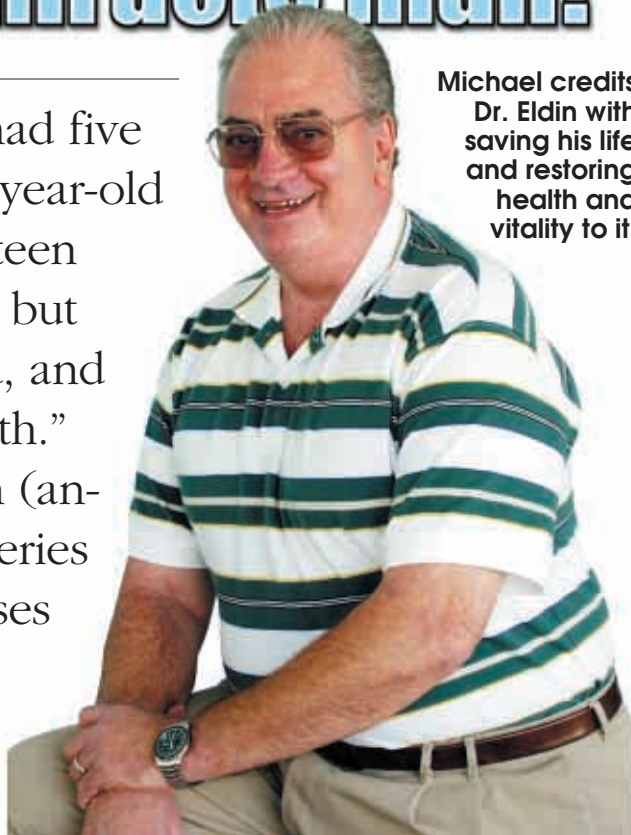
# Brooksville Cardiology

A.M. Eldin, MD, P.A.

## "He's my miracle man!"

"Twenty years ago, I had five heart bypasses," says 69-year-old Michael Eraca. "For eighteen years, they worked well, but then my energy declined, and I was often short of breath."

Cardiac catheterization (angiogram) of the heart arteries showed Michael's bypasses no longer supplied sufficient blood flow. New bypasses were needed.



Michael credits Dr. Eldin with saving his life and restoring health and vitality to it.

Michael underwent triple coronary bypass surgery, but, after recovering, his shortness of breath remained. A cardiac catheterization was needed to diagnose the problem, and Michael was referred to A.M.

Eldin, MD, an interventional cardiologist who has a private practice in Brooksville. Dr. Eldin specializes in diagnosing, treating and helping patients effectively manage cardiac and vascular condi-

tions as well as addressing risk factors which can lead to heart disease.

Due to Michael's extensive history of heart problems, the catheterization proved to be a difficult one,

Dr. Eldin has been practicing in Hernando County since 1998. He brings not only experience and skill to his work with patients, but also the highest level of commitment.

"Interventional cardiology has given us the tools to save many patients who would otherwise succumb to heart attacks, heart failure, and death," relates Dr. Eldin. "It is challenging but gratifying to see more than a few fully functioning miracles."

"We offer our patients all of the interventional and diagnostic procedures that are the hallmarks of a comprehensive cardiology practice. Patients come to us for stress tests, echocardiograms, as well as for pacemaker and defibrillator monitoring."

In an effort to educate the public about heart health, Dr. Eldin spends time involved in community outreach.

"I'm passionate about heart health and my work in cardiology," he shares. "Our mission here is to teach and learn from one another."

Dr. Eldin is an active

Board member of the Hernando County chapter of the American Heart Association and has been involved in the organization's annual Walk For Life for the past two years. He has also been instrumental in developing seminars, lectures and educational events aimed at increasing the public's knowledge about heart disease.

In addition, professional lectures, known as Grand Rounds, are offered regularly.

"These are free and open to doctors, nurses and allied health professionals and are an excellent means of obtaining continuing education credits," notes Dr. Eldin. "We are seeing over one hundred attendees at each."

An active interest in improving the health of everyone in his community led to the establishment of the first African American clinic in Hernando County.

Another first for the area, a women's cardiovascular clinic, also part of Dr. Eldin's practice, addresses the health and cardiac concerns of women, a group largely ignored in research and clinical trials

until recently.

"It was always assumed that women experience the same cardiac symptoms that men do," reports Dr. Eldin. "We now know that women are more likely to experience dizziness, weakness, or have symptoms of indigestion as signals of heart attack. Because these symptoms are 'atypical', women don't relate them to heart disease or cardiac distress. Research now shows that one out of two women will die from a heart attack and only one in twenty-six will die of cancer, so it is vital that we get the word out."

"Our website, <http://www.brookvillecardiology.com>, is active and has multiple important features that allow you to follow community events and educational activities."

"Our goal is to reach out to those who could benefit from our expertise and care," concludes Dr. Eldin. "We're a health partner and resource. We believe in giving back to our community. The work we do affects individuals, families and our entire community."



A.M. Eldin, MD, is board certified in Cardiovascular Disease and Internal Medicine. He was Fellowship trained in Clinical Cardiology and Interventional Cardiology at Winthrop University Hospital, Mineola, New York. He also was a Research/Clinical Fellow in Interventional Cardiology at Hartford Hospital/University of Connecticut in Hartford. Dr. Eldin obtained his Medical Degree from Cairo University College of Medicine, Cairo, Egypt. After an internship in Internal Medicine at Cairo University Hospital, Dr. Eldin completed an Externship at the Brooklyn VA Medical Center in Brooklyn, New York. A second internship in Internal Medicine was completed at the Jersey Shore Medical Center, Neptune, New Jersey. Dr. Eldin's residency in Internal Medicine was done at the University of Connecticut Health Center. He has served as a clinical instructor and a co-investigator in clinical trials. Well-published in his fields of expertise, Dr. Eldin's professional affiliations include the American College of Cardiology, the American College of Physicians, the American Society of Nuclear Cardiology and the Interventional Society for Endovascular Surgery. Dr. Eldin also serves as a Board Member of the Hernando County Chapter of the American Heart Association.

but Dr. Eldin, drawing upon his excellent training and experience, completed it successfully. The procedure yielded important information: Michael's new bypasses weren't supplying enough blood flow through his heart.

"We felt Michael was an excellent candidate for an innovative procedure called TMR (Transmyocardial Revascularization)," says Dr. Eldin. "This procedure utilizes a laser to place tiny holes into the heart's pumping chamber, allowing oxygen-rich blood to better permeate the heart muscle. Often, this procedure also stimulates the growth of new blood vessels, which further increase blood flow."

Michael's TMR was successful, but several months later, he developed an irregular heartbeat. Dr. Eldin worked with doctors at Bayonet Point Hospital to conduct a physiology evaluation of Michael. It indicated the need for implantation of a cardioverter defibrillator, which was done the following day.

Today, Michael believes his heart problems are finally behind him, and he looks toward a healthier, more active future: "I walk half a mile every morning, as part of my overall exercise regime, and I work around my house. I'm full of energy again."

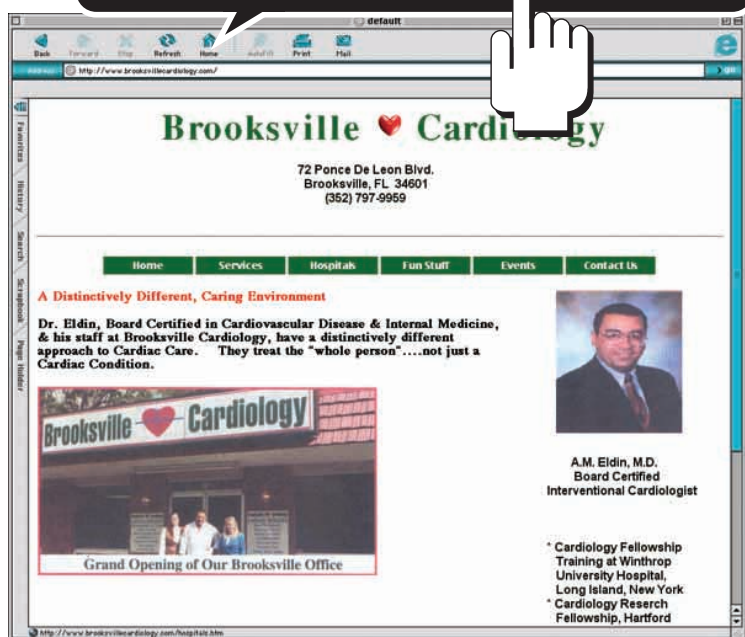
Michael praises Dr. Eldin: "Every time something happened to me, he took charge and coordinated all the tests and treatments I needed. He's upfront, very knowledgeable and very friendly. He talks with me, jokes with me and keeps on top of every aspect of my health. Dr. Eldin's my miracle man."

FHCN—Paul J. Watkins

### Make a note...

Dr. Eldin welcomes your questions regarding all cardiac services, community workshops, lectures and this article. For further information or to schedule an appointment, please call (352) 797-9959. The office is located at 72 Ponce De Leon Boulevard in Brooksville.

Check out our website at [www.brookvillecardiology.com](http://www.brookvillecardiology.com)



**YES!** I am interested in hearing more about your practice.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

**I am interested in having you speak to my organization/group.**

**Mail to:** A. M. Eldin, MD, Brooksville Cardiology, 72 Ponce De Leon Blvd., Brooksville, FL 34601, or e-mail us at Dr. Eldin's website at [www.brookvillecardiology.com](http://www.brookvillecardiology.com)

# Expertise and dedication