

# Brooksville Cardiology

A.M. Eldin, MD, P.A.

## Life-saving cardiac care

photo: Peter Stewart



"I can truthfully say that if it hadn't been for Dr. Eldin, I wouldn't be here today," states Janet.

**I** worked as a nurse for about sixty years," says 81-year-old Janet Lavery. Now retired, Janet focuses on personal pursuits, like collecting, crocheting and cooking. She's

An angiogram utilizes radiography and a contrast medium to provide detailed images of the heart's internal structures and information about blood flow in and around the heart.

an energetic woman who dislikes being inactive. Not long ago, though, health problems threatened more than just her lifestyle; they threatened her life itself.

"I felt something was radically wrong with me," Janet recalls. "Henry, my husband, called 911."

In the ambulance, Janet went into cardiac arrest.

Upon her arrival at a nearby hospital, emergency medical personnel, locked in a race against time, worked feverishly to salvage her heart and her life.

Among the members of this dedicated team was A.M. Eldin, MD, an interventional cardiologist who has a private practice in Brooksville. Dr. Eldin specializes in diagnosing, treating and helping patients effectively manage cardiac and vascular conditions as well as address risk factors which can lead to heart disease.

### Life-saving skill

"Once Janet's condition stabilized," recalls Dr. Eldin, "I performed an angiogram to determine the degree of damage to her heart and detect any blockages."

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"I discovered that three arteries had occluded or

closed," Dr. Eldin continues. "Janet needed bypass surgery to restore proper blood through her heart.

"I also discovered her heart's mitral valve wasn't working properly and needed to be replaced. This could easily be done during the bypass surgery."

Working in concert with a cardiac surgeon at Bayonet Point Hospital, the decision was made to prepare Janet for triple bypass surgery and transport her to that facility.

"Dr. Eldin said he'd be with me every step of the way," remembers Janet. "That gave me great peace of mind."

Following successful surgery, Janet began cardiac rehabilitation: "All along, Dr. Eldin was like a cheering squad - 'You're doing great!' he'd say."

Janet is *still* doing great, and her praise of Dr. Eldin is heartfelt: "He's so kind and caring, and he gives you his undivided attention."

"I believe Dr. Eldin *truly* cares about me, and I can truthfully say that if it hadn't been for him, I wouldn't be here today." **FHCN—Paul J. Watkins**

### Make a note...

*Dr. Eldin welcomes your questions regarding all cardiac services, community workshops, lectures and this article. For further information or to schedule an appointment, please call (352) 797-9959. The office is located at 72 Ponce De Leon Boulevard in Brooksville.*



**A.M. Eldin, MD**, is board certified in Cardiovascular Disease and Internal Medicine. He was Fellowship trained in Clinical Cardiology and Interventional Cardiology at Winthrop University Hospital, Mineola, New York. He also was a Research/Clinical Fellow in Interventional Cardiology at Hartford Hospital/University of Connecticut in Hartford. Dr. Eldin obtained his Medical Degree from Cairo University College of Medicine, Cairo, Egypt. After an internship in Internal Medicine at Cairo University Hospital, Dr. Eldin completed an Externship at the Brooklyn VA Medical Center in Brooklyn, New York. A second internship in Internal Medicine was completed at the Jersey Shore Medical Center, Neptune, New Jersey. Dr. Eldin's residency in Internal Medicine was done at the University of Connecticut Health Center. He has served as a clinical instructor and a co-investigator in clinical trials. Well-published in his fields of expertise, Dr. Eldin's professional affiliations include the American College of Cardiology, the American College of Physicians, the American Society of Nuclear Cardiology and the Interventional Society for Endovascular Surgery. Dr. Eldin also serves as a Board Member of the Hernando County Chapter of the American Heart Association.

### Expertise and dedication

Dr. Eldin has been practicing in this area since 1998. He brings not only experience and skill to his work with patients, but also the highest level of commitment.

"Interventional cardiology has given us the tools to save many patients who would otherwise succumb to cardiogenic shock and other problems," relates Dr. Eldin. "It is challenging but gratifying to see more than a few fully functioning miracles."

"We offer our patients all of the interventional and diagnostic procedures that are the hallmarks of a comprehensive cardiology practice. Patients come to us for stress tests, echocardiograms, as well as for pacemaker and defibrillator monitoring."

In an effort to educate the public about heart health, Dr. Eldin spends time involved in community outreach.

"I'm passionate about heart health and my work in cardiology," he shares. "Our mission here is to teach and learn from one another."

Dr. Eldin is an active Board member of the Hernando County chapter of the American Heart Association and is involved in the organization's annual Walk For Life in Weeki Wachee. He has also been instrumental in developing seminars, lectures and educational events aimed at increasing the public's knowledge about heart disease.

In addition, professional lectures, known as Grand Rounds, are offered regularly.

"These are free and open to doctors, nurses and allied health professionals and are an excellent means of obtaining continuing education credits," notes Dr. Eldin. "We are seeing over one hundred attendees at each."

An active interest in improving the health of everyone in his community led to the establishment of the first African American clinic in Hernando County.

Another first for the area, a women's cardiovascular clinic, also part of Dr. Eldin's practice, addresses the health and cardiac concerns of women, a group largely ignored in research and clinical trials until recently.

"It was always assumed that women experience the same cardiac symptoms that men do," reports Dr. Eldin. "We now know that women are more likely to experience dizziness, weakness, or have symptoms of indigestion as signals of heart attack. Because these symptoms are 'atypical', women don't relate them to heart disease or cardiac distress. Research now shows that one out of two women will die from a heart attack and only one in twenty-six will die of cancer, so it is vital that we get the word out."

A website, <http://www.brooksvillecardiology.com>, is currently under development and will soon include a virtual tour of the practice.

"Our goal is to reach out to those who could benefit from our expertise and care," concludes Dr. Eldin. "We're a health partner and resource. We believe in giving back to our community. The work we do affects individuals, families and our entire community." **FHCN**

**YES!** I am interested in hearing more about your practice.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

**I am interested in having you speak to my organization/group.**

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