

Brooksville Cardiology

A.M. Eldin, MD, P.A.

Cardiac culprit caught "just in time"

I started having heart problems back in 1999," says 41-year-old Greg Young. "One day, I suddenly experienced extremely bad chest pains that went down my right side. The pain was so bad that I was barely able to stay conscious."

Greg sought medical help but was surprised when he was told there was nothing wrong with him. Over the next two years, doctor after doctor told him the same thing.

"They'd do EKGs and ultrasounds of my heart that would come back negative," remembers Greg. "They'd do blood tests that showed my enzymes were okay. The doctors kept telling me the pains were imaginary!"

Greg's constant chest pains took a serious toll on his life: "There was absolutely *nothing* I could do. I would get winded just going from one room to another. I became a couch potato who was dependent on everyone.

"I figured no doctor would believe I had a heart problem and find the solution until it was too late. I had it in my head that I was a dead man – dead man walking."

Greg found a reprieve when he consulted A.M. Eldin, MD, an interventional cardiologist who has a private practice in Brooksville. Dr. Eldin specializes in diagnosing, treating and helping patients effectively manage cardiac and vascular conditions as well as address risk factors which can lead to heart disease.

Greg recalls, "Dr. Eldin's manner with me in the very beginning convinced me that he is definitely a person who cares, listens and is focused on each of his patients."

Life-saving skill

"I performed a heart catheterization, which revealed that the main artery supplying blood to Greg's

heart was ninety-nine percent occluded, or closed, and four other arteries were anywhere from sixty percent to eighty percent occluded," says Dr. Eldin. "Greg needed immediate bypass surgery to restore proper blood flow

everyone. It's amazing the amount of personal, heart-felt care he gives you. A lot of doctors ... when you talk to them, they start looking at charts, and the only response you get from them is, 'uh-huh ... uh-huh'.



"If it weren't for Dr. Eldin, I'd be dead," attests Greg.

through his heart."

Working in concert with a cardiac surgeon at Bayonet Point Hospital, the decision was made to prepare Greg for quadruple bypass surgery and transport him to that facility.

"I can honest-to-God tell you that if Dr. Eldin hadn't done the heart catheterization, I'd be dead," states Greg. "I was one percentage of blockage away from a fatal heart attack. He caught it just in time!"

Following successful surgery, Greg began cardiac rehabilitation. Now, four months after his surgery, Greg continues his cardiac rehabilitation, and his energy level has skyrocketed. "I'm walking six to eight miles a day," he says.

Greg has high praise for Dr. Eldin: "He's a great guy, and he's got a huge smile for

That's not how Dr. Eldin works. He listens closely to everything you say and takes a personal interest in helping you get better.

"I can't say enough about the people he works with," adds Greg. "Lex, Sharon, Sandee – these are fantastic people. He's got a staff that couldn't care more about every single patient who walks in there. I owe my life to everyone in that office."

FCN –Paul J. Watkins

Make a note...

Dr. Eldin welcomes your questions regarding all cardiac services, community workshops, lectures and this article. For further information or to schedule an appointment, please call (352) 797-9959. The office is located at 72 Ponce De Leon Boulevard in Brooksville.



A.M. Eldin, MD, is board certified in Cardiovascular Disease and Internal Medicine. He was Fellowship trained in Clinical Cardiology and Interventional Cardiology at Winthrop University Hospital, Mineola, New York. He also was a Research/Clinical Fellow in Interventional Cardiology at Hartford Hospital/University of Connecticut in Hartford. Dr. Eldin obtained his Medical Degree from Cairo University College of Medicine, Cairo, Egypt. After an internship in Internal Medicine at Cairo University Hospital, Dr. Eldin completed an Externship at the Brooklyn VA Medical Center in Brooklyn, New York. A second internship in Internal Medicine was completed at the Jersey Shore Medical Center, Neptune, New Jersey. Dr. Eldin's residency in Internal Medicine was done at the University of Connecticut Health Center. He has served as a clinical instructor and a co-investigator in clinical trials. Well-published in his fields of expertise, Dr. Eldin's professional affiliations include the American College of Cardiology, the American College of Physicians, the American Society of Nuclear Cardiology and the Interventional Society for Endovascular Surgery. Dr. Eldin also serves as a Board Member of the Hernando County Chapter of the American Heart Association.

Expertise and dedication

Dr. Eldin has been practicing in Hernando County since 1998. He brings not only experience and skill to his work with patients, but also the highest level of commitment.

"Interventional cardiology has given us the tools to save many patients who would otherwise succumb to heart attacks, heart failure, and death," relates Dr. Eldin. "It is challenging but gratifying to see more than a few fully functioning miracles.

"We offer our patients all of the interventional and diagnostic procedures that are the hallmarks of a comprehensive cardiology practice. Patients come to us for stress tests, echocardiograms, as well as for pacemaker and defibrillator monitoring."

In an effort to educate the public about heart health, Dr. Eldin spends time involved in community outreach.

"I'm passionate about heart health and my work in cardiology," he shares. "Our mission here is to teach and learn from one another."

Dr. Eldin is an active Board member of the Hernando County chapter of the American Heart Association and has been involved in the organization's annual Walk For Life for the past two years. He has also been instrumental in developing seminars, lectures and educational events aimed at increasing the public's knowledge about heart disease.

In addition, professional lectures, known as Grand Rounds, are offered regularly.

"These are free and open to doctors, nurses and allied health professionals and are an excellent means of obtaining continuing education credits," notes Dr. Eldin. "We are seeing over one hundred attendees at each."

An active interest in improving the health of everyone in his community led to the establishment of the first African American clinic in Hernando County.

Another first for the area, a women's cardiovascular clinic, also part of Dr. Eldin's practice, addresses the health and cardiac concerns of women, a group largely ignored in research and clinical trials until recently.

"It was always assumed that women experience the same cardiac symptoms that men do," reports Dr. Eldin. "We now know that women are more likely to experience dizziness, weakness, or have symptoms of indigestion as signals of heart attack. Because these symptoms are 'atypical', women don't relate them to heart disease or cardiac distress. Research now shows that one out of two women will die from a heart attack and only one in twenty-six will die of cancer, so it is vital that we get the word out.

"Our website (see coupon below) is active and has multiple important features that allow you to follow community events and educational activities.

"Our goal is to reach out to those who could benefit from our expertise and care," concludes Dr. Eldin. "We're a health partner and resource. We believe in giving back to our community. The work we do affects individuals, families and our entire community."

YES! I am interested in hearing more about your practice.

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

I am interested in having you speak to my organization/group.

Mail to: A. M. Eldin, MD, Brooksville Cardiology, 72 Ponce De Leon Blvd., Brooksville, FL 34601, or visit Dr. Eldin's website at www.brooksvillecardiology.com