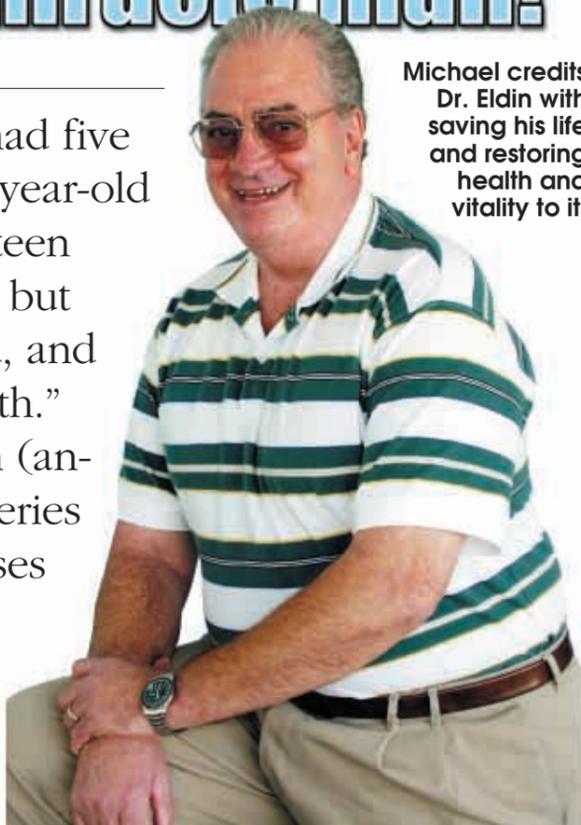


# A.M. Eldin, MD, P.A.

## "He's my miracle man!"

"Twenty years ago, I had five heart bypasses," says 69-year-old Michael Eraca. "For eighteen years, they worked well, but then my energy declined, and I was often short of breath."

Cardiac catheterization (angiogram) of the heart arteries showed Michael's bypasses no longer supplied sufficient blood flow. New bypasses were needed.



Michael credits Dr. Eldin with saving his life and restoring health and vitality to it.

Michael underwent triple coronary bypass surgery, but, after recovering, his shortness of breath remained. A cardiac catheterization was needed to diagnose the problem, and Michael was referred to A.M. Eldin, MD, an interventional cardiologist who has a private practice in

Brooksville. Dr. Eldin specializes in diagnosing, treating and helping patients effectively manage cardiac and vascular conditions as well as addressing risk factors which can lead to heart disease.

Due to Michael's extensive history of heart problems, the

catheterization proved to be a difficult one, but Dr. Eldin, drawing upon his excellent training and experience, completed it successfully. The procedure yielded important information: Michael's new bypasses weren't supplying enough blood flow

**Board Certified in Internal Medicine and Fellowship trained in Interventional Cardiology, Dr. Eldin has been practicing with his colleague, Nasser Elmansoury, MD, FACC, since 1998. Dr. Eldin brings not only experience and skill to his work with patients, but the highest level of commitment.**

"Interventional cardiology has given us the tools to save many patients who would otherwise succumb to cardiogenic shock and other problems," relates Dr. Eldin. "It is challenging but gratifying to see more than a few fully functioning miracles."

"We offer our patients all of the interventional and diagnostic procedures that are the hallmarks of a comprehensive cardiology practice. Patients come to us for stress tests, echocardiograms, as well as for pacemaker and defibrillator monitoring. We have designed clinics and services especially tailored for the unique cardiovascular needs of women and African Americans," he adds.

Preventive care and the effective management of cardiac risk factors such as hypertension, elevated cholesterol, congestive heart failure, and peripheral vascular disease are essential elements of the practice.

In an effort to educate the public about heart health, Dr. Eldin spends time involved in community outreach.

"I'm passionate about heart health and my work in cardiology," he shares. "Our mission here is to teach and learn from one another. Educating people about their health and giving them the opportunity to actively partner with us for better health care are important aspects of that process."

Dr. Eldin is an active Board member of the Hernando County chapter of the American Heart Association and is involved in the organization's annual Walk For Life in Weeki Wachee. He has also been instrumental in developing seminars, lectures and educational events aimed at increasing the public's knowledge about heart disease. "We go anywhere - senior communities, hospitals, homeowner's associations, churches — wherever a group meets that is interested in protecting their hearts and health."

Because on-going education is also of interest to those in the medical arena, professional lectures, known as Grand Rounds, are offered regularly.

"These are free and open to doctors, nurses and allied health professionals and are an excellent means of obtaining continuing education credits," notes Dr. Eldin. "We are seeing over one hundred attendees at each."

Affiliations with several area hospitals routinely bring Dr. Eldin into contact with patients of all ages and

lifestyles. An active interest in improving the health of everyone in his community led to the establishment of the first African American clinic in Hernando County.

Another first for the area, a women's cardiovascular clinic, also part of Dr. Eldin's practice, addresses the health and cardiac concerns of women, a group largely ignored in research and clinical trials until recently.

"It was always assumed that women experience the same cardiac symptoms that men do," reports Dr. Eldin. "We now know that women are more likely to experience dizziness, weakness, or have symptoms of indigestion as signals of heart attack. Because these symptoms are 'atypical', women don't relate them to heart disease or cardiac distress. Research now shows that one out of two women will die from a heart attack and only 1 in 26 will die of cancer, so it is vital that we get the word out."

A website, <http://www.el-elheartdocs.com>, is currently under development and will soon include a virtual tour of the practice.

"Our goal is to reach out to those who could benefit from our expertise and care," concludes Dr. Eldin. "We're a health partner and resource. We believe in giving back to our community. The work we do affects individuals, families and our entire community."



**Nasser Elmansoury, MD**, is board certified by the American Board of Cardiovascular Medicine and the American Board of Internal Medicine. He holds special licensure in Nuclear Cardiology. Dr. Elmansoury obtained his Medical Degree from Ain Shams University Medical School, Cairo, Egypt, followed by extensive post-graduate work in Internal Medicine and Cardiology. A Residency in Internal Medicine was completed at Worcester City Hospital and the University of Massachusetts Medical Center, Worcester, Massachusetts. Dr. Elmansoury obtained further Fellowship training in Clinical Cardiology at the University of Missouri-Columbia Health Science Center in Columbia, Missouri. He completed Fellowships in both Non-invasive and Nuclear Cardiology at Baystate Medical Center and Tufts University Medical School. Dr. Elmansoury is a Fellow of the American College of Cardiology and a member of the American College of Physicians.



**A.M. Eldin, MD**, is board certified by the American Board of Internal Medicine. He was Fellowship trained in Clinical Cardiology and Interventional Cardiology at Winthrop University Hospital, Mineola, New York. He also was a Research/Clinical Fellow in Interventional Cardiology at Hartford Hospital/University of Connecticut in Hartford. Dr. Eldin obtained his Medical Degree from Cairo University College of Medicine, Cairo, Egypt. After an internship in Internal Medicine at Cairo University Hospital, Dr. Eldin completed an Externship at the Brooklyn VA Medical Center in Brooklyn, New York. A second internship in Internal Medicine was completed at the Jersey Shore Medical Center, Neptune, New Jersey. Dr. Eldin's residency in Internal Medicine was done at the University of Connecticut Health Center. He has served as a clinical instructor and a co-investigator in clinical trials. Well-published in his fields of expertise, Dr. Eldin's professional affiliations include the American College of Cardiology, the American College of Physicians, the American Society of Nuclear Cardiology and the Interventional Society for Endovascular Surgery. Dr. Eldin also serves as a Board Member of the Hernando County Chapter of the American Heart Association.

through his heart.

"We felt Michael was an excellent candidate for an innovative procedure called TMR (Transmyocardial Revascularization)," says Dr. Eldin. "This procedure uti-

future: "I walk half a mile every morning, as part of my overall exercise regimen, and I work around my house. I'm full of energy again."

Michael praises Dr. Eldin: "Every time something hap-

Every time something happened to me, he took charge and coordinated all the tests and treatments I needed. He's upfront, very knowledgeable and very friendly. He talks with me, jokes with me and keeps on top of every aspect of my health. Dr. Eldin's my miracle man.

### Michael Eraca

lizes a laser to place tiny holes into the heart's pumping chamber, allowing oxygen-rich blood to better permeate the heart muscle. Often, this procedure also stimulates the growth of new blood vessels, which further increase blood flow."

Michael's TMR was successful, but several months later, he developed an irregular heartbeat. Dr. Eldin worked with doctors at Bayonet Point Hospital to conduct a physiology evaluation of Michael. It indicated the need for implantation of a cardioverter defibrillator, which was done the following day.

Today, Michael believes his heart problems are finally behind him, and he looks toward a healthier, more active

lives. "I walk half a mile every morning, as part of my overall exercise regimen, and I work around my house. I'm full of energy again."

Michael praises Dr. Eldin: "Every time something hap-

### Make a note...

*Drs. Elmansoury and Eldin welcome your questions regarding all cardiac services, community workshops, lectures and this article. For further information or to schedule an appointment, please call (352) 596 9555. The office is located inside the Florida Medical Center, suite #204, at 12900 Cortez Boulevard in Brooksville.*

**YES!** I am interested in hearing more about your practice.

Name \_\_\_\_\_

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City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

**I am interested in having you speak to my organization/group.**

**Mail to:** A. M. Eldin, MD, Florida Medical Center, 12900 Cortez Boulevard, Suite #204, Brooksville, FL 34613

# Expertise and dedication