

Brooksville Cardiology

A.M. Eldin, MD, P.A.

"I thought you had to have PAIN for it to be a heart attack!"

Loveda Rogers' heart attack on September 26, 1999, caught her completely by surprise.

"I had no history of heart trouble, and no one in my family has ever had any heart trouble," says the 65-year-old Kentucky native, who enjoys bowling, Bingo and sewing quilts. "My heart attack was completely 'out of the blue,' and there was no pain at all – just a feeling like a heavy load was sitting on my chest. I could hardly breathe!

"I went outside, thinking fresh air would help me breathe better, but it didn't. I never imagined I was having a heart attack because, like a lot of people, I thought you had to have pain for it to be a heart attack. Let me tell you – *that's just not true!*"

Loveda wisely resisted the temptation to drive herself to the hospital and, instead, called 911. She was taken to Brooksville Regional Hospital, where she was immediately seen by a group of highly-skilled healthcare professionals.

Among the members of this dedicated team was A.M. Eldin, MD, an interventional cardiologist who has a private practice in Brooksville. Dr. Eldin specializes in diagnosing, treating and helping patients effectively manage cardiac and vascular conditions, as well as addressing risk factors which can lead to heart disease. He established the area's first women's cardiovascular clinic to

An angiogram utilizes radiography and a contrast medium to provide detailed images of the heart's internal structures and information about blood flow in and around the heart.

"The angiogram showed that three arteries in Loveda's heart had occluded or closed," continues the skilled interventional cardiologist. "She needed immediate triple bypass surgery to restore proper blood through her heart."

Working in conjunction with a cardiac surgeon at Bayonet Point Hospital, Dr. Eldin prepared Loveda for the emergency surgery, with her cardiogenic shock presentation needing intra-aortic balloon pump insertion.

Following successful surgery, Loveda began cardiac rehabilitation: "I walked and exercised like Dr. Eldin said I should, and I kept a closer eye on my cholesterol and the types of foods I ate. In the time since, I've lost weight, and I feel much more energetic!

"Today, I don't have any problems," reports Loveda. "I'm working and walking and doing just fine! I continue to see Dr. Eldin every two or three months, and he's very pleased with my progress."

Loveda says she's happy to share her story: "It makes me feel good to tell other people about what Dr. Eldin has done for me. He's a wonderful doctor with a wonderful personality, and I'm so grateful for all the great things he's done for me."

Commitment to community



A.M. Eldin, MD, is board certified in Cardiovascular Disease and Internal Medicine. He was Fellowship trained in Clinical Cardiology and Interventional Cardiology at Winthrop University Hospital, Mineola, New York. He also was a Research/Clinical Fellow in Interventional Cardiology at Hartford Hospital/University of Connecticut in Hartford. Dr. Eldin obtained his Medical Degree from Cairo University College of Medicine, Cairo, Egypt. After an internship in Internal Medicine at Cairo University Hospital, Dr. Eldin completed an Externship at the Brooklyn VA Medical Center in Brooklyn, New York. A second internship in Internal Medicine was completed at the Jersey Shore Medical Center, Neptune, New Jersey. Dr. Eldin's residency in Internal Medicine was done at the University of Connecticut Health Center. He has served as a clinical instructor and a co-investigator in clinical trials. Well-published in his fields of expertise, Dr. Eldin's professional affiliations include the American College of Cardiology, the American College of Physicians, the American Society of Nuclear Cardiology and the Interventional Society for Endovascular Surgery. Dr. Eldin also serves as a Board Member of the Hernando County Chapter of the American Heart Association.

ogy practice. Patients come to us for stress tests and echocardiograms, as well as for pacemaker and defibrillator monitoring."

In an effort to educate the public about heart health, Dr. Eldin spends time involved in community outreach.

"I'm passionate about heart health and my work in cardiology," he shares. "Our mission here is to teach and learn from one another."

Dr. Eldin is an active Board member of the Hernando County chapter of the American Heart Association and has been involved in the organization's annual Walk For Life for the past two years. He has also been instrumental in developing seminars, lectures and educational events aimed at increasing the public's knowledge about heart disease.

In addition, professional lectures, known as Grand Rounds, are offered regularly.

"These are free and open to doctors, nurses and allied health professionals and are an excellent means of obtaining continuing education credits," notes Dr. Eldin. "We are seeing over one hundred attendees at each."

An active interest in improving the health of everyone in his community led to the establishment of the first African American clinic in Hernando County.

same cardiac symptoms that men do," reports Dr. Eldin. "We now know that women are more likely to experience dizziness, weakness or have symptoms of indigestion as signals of heart attack. Because these symptoms are 'atypical,' women don't relate them to heart disease or cardiac distress. Research now shows that one out of two women will die from a heart attack and only one in twenty-six will die of cancer, so it is vital that we get the word out.

"Our website, <http://www.brooksvillecardiology.com>, is active and has multiple important features that allow you to follow community events and educational activities.

"Our goal is to reach out to those who could benefit from our expertise and care," concludes Dr. Eldin. "We're a health partner and resource. We believe in giving back to our community. The work we do affects individuals, families and our entire community."

FHCN—Paul J. Watkins

Make a note...

Dr. Eldin welcomes your questions regarding all cardiac services, community workshops, lectures and this article. For further information or to schedule an appointment, please call (352) 797-9959. The office is located at 72 Ponce De Leon Boulevard in Brooksville.

address the health and cardiac concerns unique to women.

"Dr. Eldin told me 'You are having a heart attack,'" remembers Loveda, "but he assured me he was going to take very good care of me, and I was going to be okay. Right away, I felt great trust in him. He has such a calming, reassuring manner."

Life-saving skill

"Loveda failed clot buster for her heart attack in Brooksville Hospital," recalls Dr. Eldin. "She was deteriorating fast, and we had to transfer her 'STAT' to Bayonet Point Hospital at 3:30 a.m.

"Once we had stabilized Loveda's condition, I performed an angiogram to determine the degree of damage to her heart and to detect any blockages."

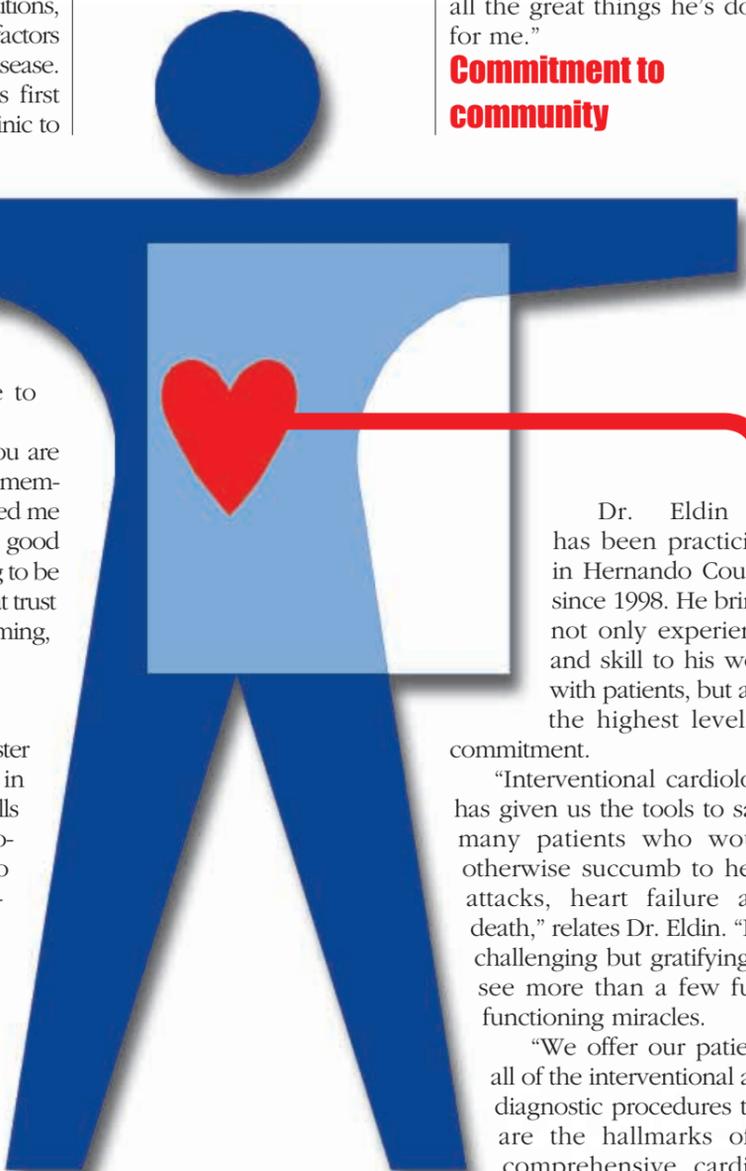
Dr. Eldin has been practicing in Hernando County since 1998. He brings not only experience and skill to his work with patients, but also the highest level of commitment.

"Interventional cardiology has given us the tools to save many patients who would otherwise succumb to heart attacks, heart failure and death," relates Dr. Eldin. "It is challenging but gratifying to see more than a few fully functioning miracles.

"We offer our patients all of the interventional and diagnostic procedures that are the hallmarks of a comprehensive cardiol-

Another first for the area, a women's cardiovascular clinic, also part of Dr. Eldin's practice, addresses the health and cardiac concerns of women, a group largely ignored in research and clinical trials until recently.

"It was always assumed that women experience the



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Mail to: A. M. Eldin, MD, Brooksville Cardiology, 72 Ponce De Leon Blvd., Brooksville, FL 34601, or e-mail us at Dr. Eldin's website at www.brooksvillecardiology.com