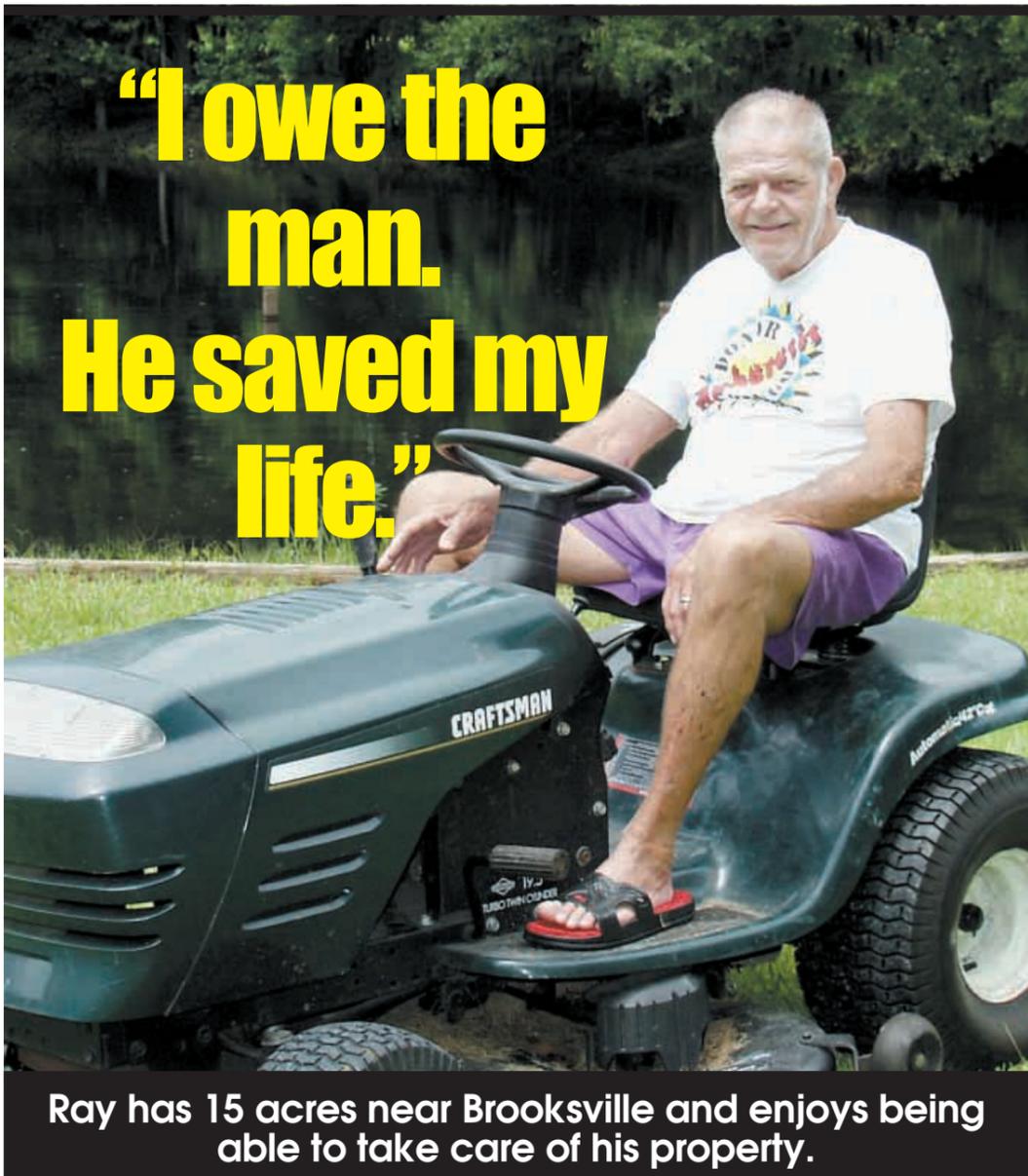


Brooksville Cardiology

A.M. Eldin, MD, P.A.



“I owe the man. He saved my life.”

Ray has 15 acres near Brooksville and enjoys being able to take care of his property.

“My ticker was giving me problems,” quips Ray Elliott, an active septuagenarian. “I would get dizzy and pass out because not enough blood was getting through my heart. I had ten cardiac catheterizations and not one of them provided definitive answers.”

Cardiac catheterization produces images of the main pumping chamber of the heart (the left ventricle) and of the arteries that supply blood to the heart. It produces an evaluation of the efficiency of the heart, an assessment of possible abnormalities in the heart valves, and helps determine the course of interventional treatment.

“Then my son, James, had to have a valve replacement in his heart to prepare him for a kidney transplant,” relates Ray. “We were speaking with another family about their son, and we were impressed by what they had to say about Dr. Eldin. They told us he was excellent, and that he did a thorough job in explaining everything.”

Adel M. Eldin, MD, FACC, is an interventional cardiologist, who has a private practice in Brooksville. He specializes in diagnosing and treating cardiac and vascular conditions, as well as helping patients effectively manage risk factors which can lead to heart disease.

“Ray’s son approached me and said he wanted to be my patient,” remembers Dr. Eldin, “and that is how

I met the family.”

“Once my son became Dr. Eldin’s patient, I went to see him, too,” recounts Ray. “When I told him that I’d had ten cardiac catheterizations, he was concerned. He warned me about the danger in having too many.”

“When Dr. Eldin took over my case, he performed just one cardiac catheterization and found the problem. My heart wasn’t beating properly.

“I was in Bayonet Point Hospital and my wife was coming to pick me up and take me home, but Dr. Eldin came in and said, *Ray, I found your problem. You need a pacemaker.*

“I called my wife back. *Honey, I said, If you want to see me before I get my pacemaker, you better hurry because Dr. Eldin has already scheduled me. It’s all set up.*

“So instead of going home, I had a pacemaker implanted in my chest.”

A pacemaker was recommended for Ray because the beats of his heart were not firing properly.

An abnormal beat, or arrhythmia, develops when the natural pacemaker in the heart triggers an abnormal rhythm, when the normal path of the signal is interrupted, or when another part of the heart takes over and tries to become the pacemaker. This last situation can arise because almost all heart tissue has the ability to initiate a heartbeat.

An abnormal rhythm that is too slow is called *bradycardia*. Symptoms of bradycardia

include fatigue, dizziness, and fainting. An abnormal beat that is too fast is called *tachycardia*, which can lead to uncomfortable palpitations, dizziness, and fainting or near fainting.

A pacemaker is about the size of a fifty-cent piece and is placed just under the skin, above the heart. It contains a battery and is attached by a thin wire to a vein near the heart. A slight electrical charge passes through the wire to keep the heart beating properly.

The newest pacemakers contain miniature computers that know when the heart is beating normally and when it is not.

“We also performed an angioplasty for Ray,” describes Dr. Eldin.

During this procedure, a small balloon attached to a catheter is inserted into a blood vessel and guided to the blocked artery over a tiny wire. The balloon is then inflated to open the artery, and the balloon is removed.

“Ray has been doing very well with optimization of his medical therapy,” reports Dr. Eldin. “He is doing great.”

“My pacemaker’s working fine,” agrees Ray. “I can even get out and do a day’s work now and I enjoy that.”

“I can not speak highly enough about Dr. Eldin. He just makes you feel good. He talks you through everything. He jokes with you and really keeps your spirits up.

“To me, that’s vital. “I owe the man. He saved my life.” **FHCN—Kris Kline**



Adel M. Eldin, MD, FACC, is a Fellow of the American College of Cardiology and board certified in Cardiovascular Disease and Internal Medicine. He was Fellowship trained in Clinical Cardiology and Interventional Cardiology at Winthrop University Hospital, Long Island, NY. He was a Research/Clinical Fellow in Interventional Cardiology at Hartford Hospital/University of Connecticut in Hartford. Dr. Eldin obtained his Medical Degree from Cairo University School of Medicine, Cairo, Egypt. After an internship in Internal Medicine at Cairo University School of Medicine Hospital, Dr. Eldin completed an Externship at the Brooklyn VA Medical Center in Brooklyn, NY. A second internship in Internal Medicine was completed at the Jersey Shore Medical Center, Neptune, NJ. Dr. Eldin’s residency in Internal Medicine was done at the University of Connecticut Health Center. He has served as a clinical instructor and a co-investigator in clinical trials. Well-published in his fields of expertise, Dr. Eldin’s professional affiliations include the American College of Physicians, the American Society of Nuclear Cardiology, the Association of Black Cardiologists (ABC), the Interventional Society for Endovascular Surgery, and the American Heart Association. He also serves as a member of the Hernando County Heart Disease Task Force.

Another patient’s story

“I was having heart problems,” relates Pearl Rick, who is known to her friends as Jan. “My breathing was not right, and I had pain in my left arm that moved down into my hand.

“I needed help.

“The pain had been going on for a couple of days when I went to see my family doctor. He referred me to Dr. Eldin.”

“Jan has coronary disease,” explains Dr. Eldin. “She had an artery in front of the heart that initially had angioplasty performed by another team of doctors back when we just used the balloon.

“Since she has been coming to me, she has had multi-vessel angioplasty and stents, which is equivalent to bypass surgery.”

“It’s been two years now since I had my last angioplasty,” observes Jan. “I see Dr. Eldin on a regular basis, and I am doing just fine.

“My cholesterol is very good, I’m exercising everyday and I feel wonderful.

“Tomorrow is my birthday and I’ll be seventy-eight. I’ve been trying to forget it, but no one will let me!” she adds with a laugh.

Jan has done so well under the care of Dr. Eldin that she can continue enjoying her favorite hobbies.

MAKE A NOTE...

Dr. Eldin welcomes your questions regarding all cardiac services, community workshops, lectures and this article. For further information or to schedule an appointment, please call (352) 797-9959. The office is located at 72 Ponce De Leon Boulevard in Brooksville.

YES! I am interested in hearing more about your practice.

Name _____

Address _____

City _____ State ____ Zip _____

Phone _____

E-mail: _____

____ I am interested in having you speak to my organization/group.

Mail to: A. M. Eldin, MD, Brooksville Cardiology, 72 Ponce De Leon Blvd., Brooksville, FL 34601, or e-mail us at Dr. Eldin’s website at www.brooksvillecardiology.com

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