

Brooksville Cardiology

A.M. Eldin, MD, P.A.

Former NYPD officer found his "miracle"

I didn't have a lot of the typical symptoms of a heart attack," remembers former New York City policeman Howard Joy. "I woke up sweating profusely, but I didn't have pains in my chest or numbness in my arm or anything like that. I lay back down again, but I still didn't feel very good, so around five in the morning I called my daughter, Barbara. She is a nurse and an early riser.

"When I told her how I was feeling, she said, 'Dial 911. Open the door. Put on the light.' That was it.

"Emergency responded very quickly and took me to the closest hospital."

"I met my father at the hospital," Barbara recalls, "and I phoned Dr. Eldin from there. I said, 'Remember, I told you I would need you for my father someday?' He said you did. I said, 'Today's the day.'"

Adel M. Eldin, MD, FACC, is an interventional cardiologist who has a private practice in Brooksville. He specializes in diagnosing, treating and helping

patients effectively manage cardiac and vascular conditions, as well as addressing risk factors which can lead to heart disease.

"Dr. Eldin rushed over to the hospital where my dad had been taken," recounts Barbara. "I asked that my father be transferred to Regional Medical Center at Bayonet Point because it is a top one hundred hospital for cardiac services.

"Dr. Eldin gave all the orders necessary to facilitate the transfer quickly, and I believe he even examined my father right on the stretcher on its way out to Bayo-

“My father was literally dying right before my eyes.”

Barbara Joy

net Point. He reviewed my father's echocardiogram, which showed he was in *extremely* critical condition at that point.

"My father was literally dying right before my eyes."

"Howard presented with a massive heart attack," Dr. Eldin informs. "He was in cardiogenic shock with fatal heart rhythm and very low blood pressure."

Cardiogenic shock is characterized by a decreased pumping ability of the heart that causes a shocklike state.

Barbara confides: "I followed the ambulance to Bayonet Point but by the time I parked the car ... and I *moved*, but they moved quicker ... Dr. Eldin was literally finishing up the emergency cardiac catheterization, which is the diagnostic test to locate the blockage.

"My father had several episodes of cardiac arrhythmia, and ended up coming out of the cardiac catheterization with an

IABP, or Intra Aortic Balloon Pump."

An IABP helps the heart muscle increase blood flow to the rest of the body.

Dr. Eldin immediately arranged for a cardiac surgeon to perform open-heart surgery on Howard. "My father went in, he came out, and he was alive," Barbara marvels.

"I am absolutely tickled pink with Dr. Eldin," marvels Barbara. "He saved my father's life because he didn't hesitate to intervene immediately."



Adel M. Eldin, MD, FACC, is a Fellow of the American College of Cardiology and board certified in Cardiovascular Disease and Internal Medicine. He was Fellowship trained in Clinical Cardiology and Interventional Cardiology at Winthrop University Hospital, Long Island, NY. He was a Research/Clinical Fellow in Interventional Cardiology at Hartford Hospital/University of Connecticut in Hartford. Dr. Eldin obtained his Medical Degree from Cairo University School of Medicine, Cairo, Egypt. After an internship in Internal Medicine at Cairo University School of Medicine Hospital, Dr. Eldin completed an Externship at the Brooklyn VA Medical Center in Brooklyn, NY. A second internship in Internal Medicine was completed at the Jersey Shore Medical Center, Neptune, NJ. Dr. Eldin's residency in Internal Medicine was done at the University of Connecticut Health Center. He has served as a clinical instructor and a co-investigator in clinical trials. Well-published in his fields of expertise, Dr. Eldin's professional affiliations include the American College of Physicians, the American Society of Nuclear Cardiology, the Association of Black Cardiologists (ABC), the Interventional Society for Endovascular Surgery, and the American Heart Association. He also serves as a member of the Hernando County Heart Disease Task Force.

But there was still a rocky road ahead. "My father had an extremely complex post op recovery," she says. "The doctors told me they actually lost him twice and had to intervene each time with advanced cardiac life support.

"He now has an Automatic Implantable Cardiac Defibrillator,

nary artery disease and severe congestive heart failure. That is equivalent to two-way bypass surgery!"

During the procedure, a small balloon attached to a catheter is inserted into a blood vessel and guided to the blocked artery over a tiny wire. The balloon is then inflated to open the artery, and an expandable wire mesh, or stent, is left in the artery to keep it open by scaffolding it, and the balloon is removed.

"That was the first time we saved her life," relates Dr. Eldin.

"Then, because of severe uncontrolled hypertension [higher than normal blood pressure] with severe reduction of the blood flow to both legs, Mary underwent an angiogram which showed she had ninety-five percent blockage in both kidney arteries.

"She was on massive doses of four different blood pressure medications, but that wasn't controlling it. Mary was at risk for stroke, renal [kidney] failure and heart failure.

"Using angioplasty and stents, we were able to successfully place renal stents in both kidney arteries, which enabled us to preserve her kidney functions, thus normalizing her blood pressure and reducing her hypertensive medications by two-thirds."

"Dr. Eldin is a very passionate doctor," observes Mary, "and a considerate person."

"Mary is doing wonderfully," assures Dr. Eldin. Thanks to his life-saving measures, her life is back to normal, and she can enjoy the visits of her four great-grandchildren. **FHCN—Kris Kline**

Make a note...

Dr. Eldin welcomes your questions regarding all cardiac services, community workshops, lectures and this article. For further information or to schedule an appointment, please call (352) 797-9959. The office is located at 72 Ponce De Leon Boulevard in Brooksville.

YES! I am interested in hearing more about your practice.

Name _____

Address _____

City _____ State ____ Zip _____

Phone _____

E-mail: _____

I am interested in having you speak to my organization/group.

Mail to: A. M. Eldin, MD, Brooksville Cardiology, 72 Ponce De Leon Blvd., Brooksville, FL 34601, or e-mail us at Dr. Eldin's website at www.brooksvillecardiology.com