

# Compassion, exacting care and quick responses save lives

## Brooksville Cardiology

A. M. Eldin, MD, FACC, FACP, P.A.

**C**lifford Knight was suffering from chest pains and shortness of breath. "I couldn't walk as far as the mailbox," remembers the 75-year-old Air Force retiree. "I knew I had a heart valve going bad because I had been seeing a cardiologist who warned me that it was closing off. When it finally began leaking, I knew I had to have something done." Fortunately, Clifford and his wife moved to Florida from Oscoda, Michigan and became active members of the Michigan Club.

"A good friend of ours from the club was receiving ECP treatments from Dr. Eldin, and she recommended I schedule an appointment with him."

Adel M. Eldin, MD, FACC, FACP is an interventional cardiologist, and his practice, Brooksville Cardiology, serves the Spring Hill and Brooksville area communities. He specializes in diagnosing and treating cardiac and vascular conditions, as well as assisting his patients in managing the risk factors which can lead to heart disease.



**Adel M. Eldin, MD, FACC, FACP** is a Fellow of the American College of Cardiology and Fellow of the American College of Physicians, Board Certified in Cardiovascular Disease and Internal Medicine. He was Fellowship trained in Clinical Cardiology and Interventional Cardiology at Winthrop University Hospital, Long Island, NY. He was a Research/Clinical Fellow in Interventional Cardiology at Hartford Hospital/University of Connecticut in Hartford. Dr. Eldin obtained his Medical Degree from Cairo University School of Medicine, Cairo, Egypt. After an internship in Internal Medicine at Cairo University School of Medicine Hospital, Dr. Eldin completed an Externship at the Brooklyn VA Medical Center in Brooklyn, NY. A second internship in Internal Medicine was completed at the Jersey Shore Medical Center, Neptune, NJ. Dr. Eldin's residency in Internal Medicine was done at the University of Connecticut Health Center. He has served as a clinical instructor and a co-investigator in clinical trials. Well-published in his fields of expertise, Dr. Eldin's professional affiliations include the American College of Physicians, the American Society of Nuclear Cardiology, the Association of Black Cardiologists (ABC), the Interventional Society for Endovascular Surgery, and the American Heart Association. He also serves as a member of the Hernando County Heart Disease Task Force.

"It was apparent during that first consultation that Clifford needed immediate attention. I scheduled him for a cardiac catheterization," recounts Dr. Eldin.

Cardiac catheterization produces images of the main pumping chamber of the heart (the left ventricle) and of the arteries that supply blood to the heart. It evaluates the efficiency of the heart, assesses possible abnormalities in the heart valves and helps determine the course of interventional treatment.

"Clifford had very significant high blood pressure and a critically narrowed aortic valve which was simultaneously leaking," reports the doctor.

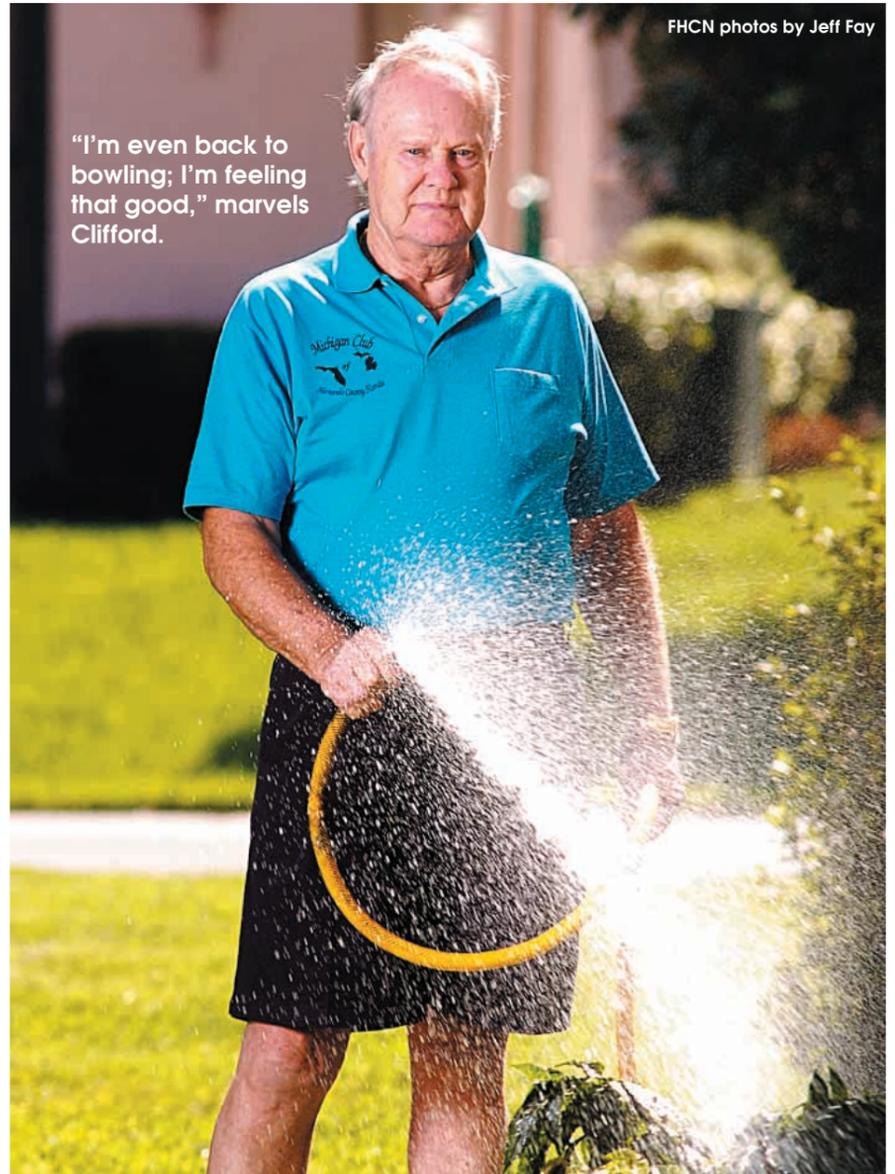
"I was fortunate that Dr. Eldin accurately diagnosed my narrowed valve. I wouldn't have lasted long without the surgery he recommended," reflects Clifford.

Following a new valve and two new bypass grafts for Clifford, Dr. Eldin noted that Clifford had abnormal kidney functions and severe hypertension that was poorly controlled with multiple blood pressure medications.

### Extra lifesaving step

"I really appreciate the fact that Dr. Eldin noticed my persistently elevated blood pressure. His clinical experience led him to check my kidney arteries, and the one on the left side was about ninety-five percent blocked," says Clifford.

Because of the critical narrowing of Clifford's renal artery and his severely uncontrolled high blood pressure and abnormal renal functions, Dr. Eldin performed an angioplasty with stent placement with the goal of controlling his blood pressure; preserving kidney functions, thus avoiding need for dialysis; preventing future congestive heart failure; and reducing his blood pressure medications.



"I'm even back to bowling; I'm feeling that good," marvels Clifford.

During this procedure, a small balloon attached to a catheter is inserted into a blood vessel and guided to the blocked artery over a tiny wire. The balloon is then inflated to open the artery, an expandable wire mesh stent is placed within the artery to keep it open, and the balloon is collapsed and removed.

"Clifford's kidney functions are now back to normal, and his blood pressure is well controlled with much less medication" says the doctor.

"Dr. Eldin was great," observes Clifford. "My procedure was scheduled for seven in the morning, and he was in there before seven to talk to me. I've had catheterization about eight times now, and Dr. Eldin is the only physician who ever came in to speak with me before the procedure.

"I feel fortunate. Dr. Eldin is a fine interventional cardiologist and a real pleasant gentleman. I'm glad I found him." **FHCN—Kris Kline**

### Heartfelt suggestion...

If you have questions about cardiac services, community workshops, or lectures about cardiology, please contact Brooksville Cardiology. For further information or to schedule an appointment, please call (352) 797-9959 for the office located at 72 Ponce De Leon Boulevard, Brooksville, FL 34601, or (352) 592-4938 for the new office located at 12080 Cortez Boulevard, Brooksville, FL 34613, next to Johnny Carino Restaurant.

### NEW BROOKSVILLE OFFICE

Brooksville Cardiology is proud to announce the opening of its new Brooksville office, located at 12080 Cortez Boulevard, Brooksville, (352) 592-4938, next to Johnny Carino Restaurant.



Joseph rides his outside bike every day, and rides his exercise bike twice a day.

## Another lifesaving story

**J**oseph Chiovitti had serious heart failure and other significant health problems. Five years ago Joseph suffered a heart attack. Although the bypass surgery that followed was successful and his congestive heart failure was later stabilized, unfortunately the retired Tarpon Springs vehicle superintendent was diagnosed with severe peripheral vascular disease (PVD), a circulation problem often caused by accumulations of cholesterol and scar tissue that narrow or block the arteries carrying blood to the arms or legs.

In 2002 Joseph underwent surgery to reroute the blood supply to his legs in order to supply much-needed blood to his foot. The surgery was successful, but the next day Joseph went into cardiac arrest.

Dr. Eldin was paged.

"Joseph had coded, his heart had stopped," describes Dr. Eldin, "but we were able to successfully resuscitate him, intact both mentally and physically."

Joseph was first stabilized with a temporary pacemaker, and later he received a permanent pacemaker.

"He's been feeling fine ever since," says Dr. Eldin.

"Dr. Eldin is the best cardiologist around," assures Joseph.

"I can't say enough good things about Dr. Eldin," adds his wife June. "You couldn't ask for anyone more considerate and thoughtful. He's always right there for you.

"If it weren't for Dr. Eldin, Joe wouldn't be here."

## Quick takes: pacemakers

A pacemaker is a device about the size of a fifty-cent piece that is placed just under the skin, above the heart. It contains a battery that is attached by a thin wire to a vein near the heart. A slight electrical charge passes from the battery through the wire to stimulate the heart and keep it beating properly.

The newest pacemakers contain miniature computers that can detect when the heart is beating normally and when it is not.

Please visit the Brooksville Cardiology website at [www.brooksvillecardiology.com](http://www.brooksvillecardiology.com)